

Business Spotlight

What's Your Operating System?

Each of us operates with our own operating system and that system is based on our beliefs. "What do you believe about that?" and "Why do you hold that belief?" These two questions are the bedrock of Janice Bastani Coaching and the first two questions Janice asks her clients when she engages them. Our beliefs drive all of our decisions in our professional lives and in our personal lives. When our final outcome does not match what we expect from our decisions based on our beliefs; that is when Janice Bastani Coaching comes into the lives of the clients she serves.

Janice Bastani is a credentialed coach with the International Coach Federation, and the John Maxwell Team as a Leadership Coach. Janice holds multiple credentials in: Emotional Intelligence, Energy Leadership, Empowerment

Coaching, and Brain-Based Neuroleadership along with Global Group Coaching. Janice holds a B.A. in Journalism from the University of Arkansas.

Janice Bastani Coaching opened its doors in 2004. JBC mentors, coaches, trains, facilitates courses and Offsites, gives keynote addresses, and has mastermind programs,



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online courses, and blogs. Janice is also a published author and a popular radio interviewee. To those who are looking reach that next level of professional or personal growth in their lives, leadership in their business or reaching their dream whatever that may be, or perhaps transitioning during one of life's toughest moments, Janice Bastani Coaching offers a variety of mentoring and coaching opportunities.

Janice has a three-step process to accomplish a client's desired out-



Janice Bastani has a three-step process to accomplish a client's desired outcome: awareness, growth and freedom.

Awareness is the first step. Becoming real about who the client is, what they believe and where they are in the moment we begin working together. Growth is the second step. Together we become partners in setting out the plan; to get from today - to tomorrow; which is realistic and achievable. Freedom is the celebration of every success, no matter how small.

"I believe in life-long learning," says Janice Bastani. "If I am not learning, I am not growing. I have over 15,000 hours of education, training and experience and am an expert in the areas of Leadership, Coaching, Mentoring, and Personal Growth."